CYIA Training Suggested Packing List

Christian Youth In Action (CYIA) training will occur at Frontier School of the Bible, LaGrange, WY. Training starts **Friday, 05 June 2026 at 2-4:30 pm** (Registration) and **ends on 13 June 2026 Saturday** morning. You will be sleeping in designated rooms (rooms with other teens of your same birth gender, with small closets) with central bathrooms down the hall. Please do NOT bring anything of high value because there is no secure storage space available. Whatever you bring, YOU are responsible for keeping track of.

BE SURE TO PACK: (Please label your items)

1. A hard copy of a Bible (ESV for teaching clubs- If you do not have an ESV we will get you one.)
2. Pencils and pens & paper for notetaking
3. Proper clothing (see dress code attached)
4. You will need clothing for nine days/nights
5. Water shoes, flip flops, or sandals to wear in the bathroom/shower
6. Tennis shoes (for recreation)
7. Camera (optional)
8. Reusable Water Bottle (labeled with your name)
9. Sleeping bag or sheets and blankets (twin bed)
10. Pillow
11. Towel and washcloths
12. Personal articles (shampoo, soap, brush, toothbrush & toothpaste, etc.)
13. Flashlight
14. Alarm clock (optional as staff will awaken each day)

15. Offering money: there is a missions project offering each day to raise funds for the missionaries that we will be supporting for the summer

16. Regular medicines/prescriptions (All medication should be in the original containers and must be turned in to the Nurse for distribution during CYIA)

DO NOT BRING:

- Weapons of any kind (i.e., guns, knives, lighters)
- Immodest or inappropriate clothing (see dress code)
  Parents: Students don't automatically understand the reason behind certain rules, so make sure to explain it to them. They're far more likely to keep the rules if they know the 'why' of rules. You may think that it's perfectly clear why modesty is good, but they don't necessarily do.
- Food (ants are a problem, so don't bring)
- Do not bring any electronics (No iPad, iPods, tablets, or computers) except for your cell phone if you have one.

OPTIONAL:

Please try to consolidate your items into a large duffle bag or suitcase. It helps with packing bags for travel and allows easier access to your belongings.

Please bring an extra tote bag or backpack for getting from class to class. The bag your kit comes in is not meant to haul your things. The teaching materials get ruined, and the bag will break down.